Access to Mental Health Services for Those Involved in the Criminal/Legal System

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Criminal/Legal System and Mental Health

- Defining 'mental health' and 'substance use disorders'
 who gets treatment where....
- Defining the Criminal/Legal Continuum: Where/How do people with mental health needs get services/treatment.
- Thinking about all effected:
 - Perpetrators (offenders)
 - Victims (Survivors)

The Four Quadrants

High Severity Alcohol and other drug abuse

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Less severe mental disorder/more severe substance abuse disorder

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Mental Illness

Low Severity

High Severity

CSAT 2005. TIP 42

Combination and levels of illness

Mild to moderate I
Mental illness symptoms
Low to moderate
substance use disorder

Care: Primary Health

Mild to moderate III
Mental illness symptoms
Severe substance use
disorder

Care: Substance Abuse System

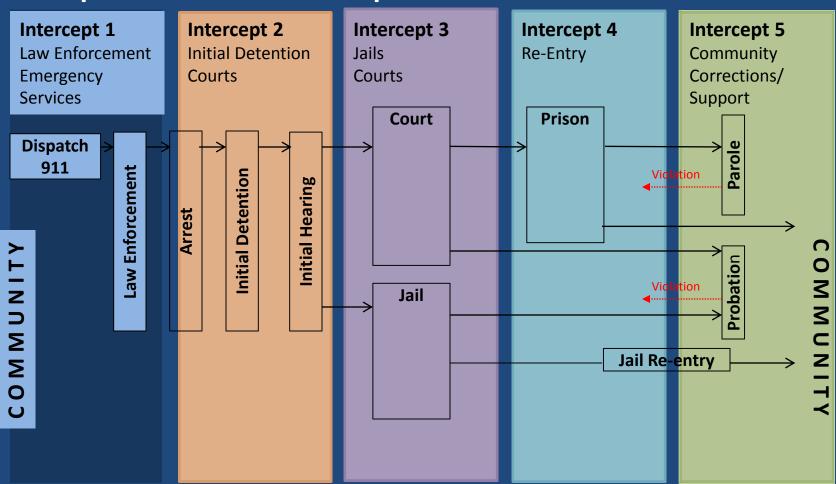
Severe II
mental illness symptoms
Low to moderate
Substance use disorder

Care: Mental Health System

Severe IV
mental illness symptoms
Severe substance use
disorder

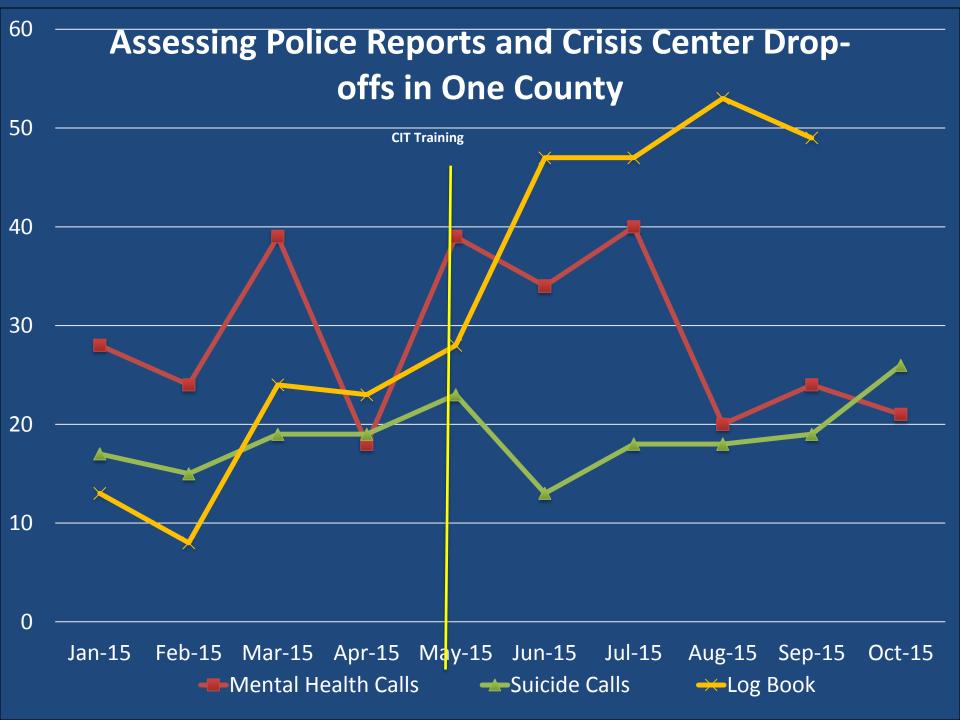
Care: Jails, hospitals, ER

Sequential Intercept Model



Law Enforcement

- Burden of Police Officers as 1st Responders
 - Crisis Intervention Training (CIT)
 - De-escalation techniques
 - Knowledge of community resources
- Lack of Crisis Centers with 24-hour access
- Hospital ER as one alternative
 - Long waits for officers
 - Lack of Psychiatric beds
- Jail as a back-up???



Jail Booking (admission)

- Half of those booked into jail report a past year 'mental health problem'; 66% substance use disorder (James & Glaze, 2006).
 - 12 million individuals booked into jails each year in the U.S.
 - Wayne Co. Jail: Daily capacity 2,600; annually 40K
- About half of those booked into jail have 'suicidal ideation' and 13-20% have attempted.
 - suicide is 8 to 14 times greater than the general population.

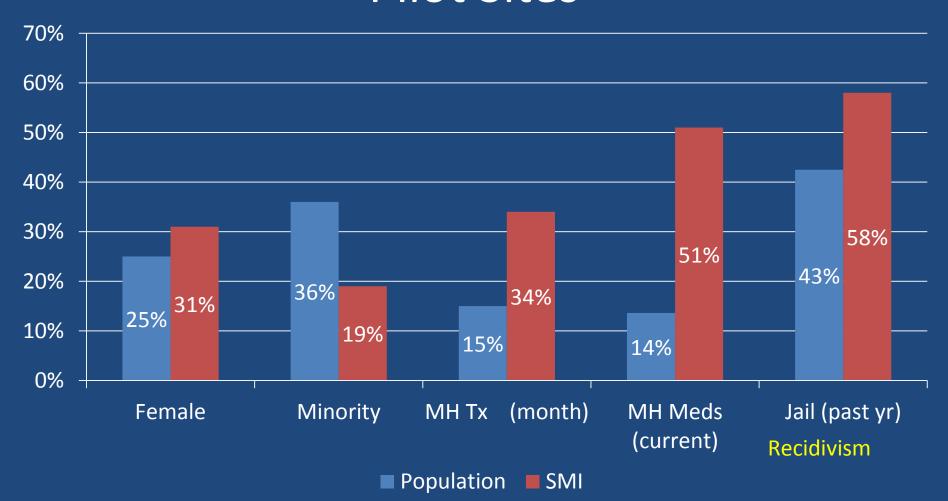
Limitations within Jails

- What's a 'problem' and what is SMI?
 - Situational versus Serious and persistent mental illness?
- Mental health screening/assessment
 - Jail staff NOT trained to detect symptoms
 - Tools are often 'risk' driven, not valid MH screening tools
- Treatment within the jail
 - Medication Jail Formularies vs. Community perscriptions
 - Observation/Suicide watch
- Coordination with CMH or other Alternatives
 - Whose client? Whose responsibility? Who funds?

Proportion of those booked into the Jail with SMI (K6)



Comparing Characteristics of Jail Population and Those with SMI Across Pilot Sites



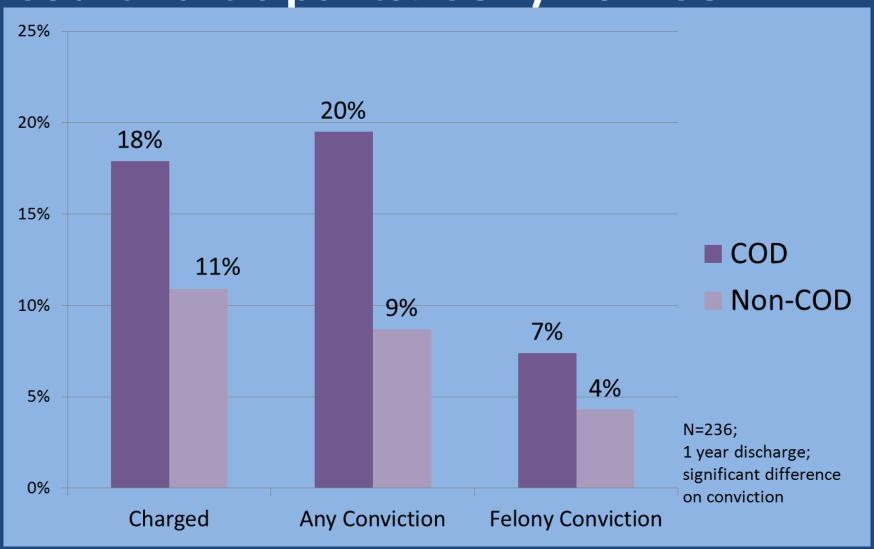
Jail Alternatives

Diversion

- Team approach: Jail, prosecutors, MH professionals
- MI Adult Mental Health (n=20) or Drug Courts (n=32)
- Forensic Alternative Community Treatment (FACT)
- Continuity of care with CMH providers

 What about others who have not been 'identified' or partnered with service?

Comparing Recidivism Among MH Court Participants: COD/Non-COD



- Issues with Alternatives/Re-entry
 - Continuing Treatment
 - In-reach/Out-reach
 - Medicaid suspensions/re-activations
 - Housing
 - Employment

Access to Mental Health Services

CRIME VICTIMS

Crime Victim

- Violent victimization affects 1:20 individuals in the U.S. (5.4 million in 2014)
 - Less than half are reported to police (46%)
 - Nationally, only 10% receive any services
- MI data: 146,850 reported victims in 2014
 - Victimization rates for African Americans were 150 compared to 20 for whites (Rydberg & McGarrell; 2014)
 - most violent crime victims come from impoverished communities across the state (see Rydberg & McGarrell, 2014)

Services for Crime Victims

- Crime Survivors PTSD and other MH Concerns
 - Need for short-term trauma-related treatment services
 - Generally, will not qualify for CMH
 - With Medicaid: Qualified MH Professional
 - 20 visits per year maximum
 - Resources limited in high-crime areas
 - Case Finding?
 - Emergency Room
 - Trauma-trained therapists? Trauma-informed organizations?

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Trauma Recovery Centers

- Trauma Recovery Centers (California)
 - Located in high crime communities
 - Goal: Meet client where they are to enhance recovery; decrease lingering pain/anger due to unresolved trauma
 - Home visits
 - Basic Needs
 - Trauma-specific interventions

Summary

- Individuals with serious mental health issues
 who intersect with the criminal/legal system are
 a high-risk, high-cost, and difficult to serve
 population.
- Based upon the historical inattention to crime survivors psychological well-being at the time of medical treatment after victimization, it seems that integration of physical and mental health treatment for specialty populations may be unfeasible.